

**THE 5TH INTERNATIONAL CONFERENCE ON MOVEMENT, HEALTH & EXERCISE
(MOHE 2018)**

“Faster, Higher, Stronger: Technological Advancements in Sports & Physical Education”

Program Schedule

Tuesday (25th September 2018)	
8.00 AM	MOHE & ACPES Registration (Tenera Hotel, Bangi)
8.30 AM – 9.15 AM	<p>PLENARY SPEECH: TECHNOLOGICAL APPLICATIONS IN SPORTS AND PHYSICAL EDUCATION</p> <p>1. Mr. Naoki Nishiyama Hearts of Gold Cambodia <i>“Usage of Technology for the Diffusion of Physical Education in Cambodia”</i></p>
9.15 AM – 10.00 AM	<p>2. Dr. Paul Glazier National Sports Institute Malaysia <i>“Use of Technology in Training”</i></p>
9.00 AM – 1.00 PM	POSTER PRESENTATION 1 (Foyer)
10.00 AM – 10.15 AM	Refreshment
10.15 AM – 11.15 AM	<p>KEYNOTE SPEECH</p> <p>1. Dr. Heinz Nowoisky National Olympic Service Centre, Germany <i>“Applications of Computer and Measurement Technology during Sport Specific Training in Elite Sport”</i></p>
11.15 AM – 12.15 PM	<p>2. Associate Prof. Dr. Ahmad Munir Che Muhamad Universiti Sains Malaysia <i>“Benefits of Training in the Heat: What Current Research Seems to Suggest”</i></p>
12.15 PM – 1.00 PM	OPENING CEREMONY
1.00 PM – 2.00 PM	Lunch
2.30 PM – 3.15 PM	<p>SYMPOSIUM: SPORTS & PHYSICAL ACTIVITY FOR CHILDREN</p> <p>1. Dr. Mohd Nizam Jarwis Universiti Sains Malaysia <i>“Physical Activity Habituation for Children”</i></p>
3.15 PM – 4.00 PM	<p>2. Dr. Kok Lian Yee Universiti Putra Malaysia <i>“Recommended Exercise for Children Aged 5-17”</i></p>

4.00 PM – 4.45 PM	3. Mr. Erik Juul VIA University Denmark <i>“Physical Activity and Sports for Children: Lessons from Denmark”</i>
2.00 PM – 3.30 PM	PARALLEL SESSIONS English Presentations Rooms 1-3 (18 papers)
3.30 PM – 5.00 PM	WORKSHOP: TECHNOLOGICAL APPLICATIONS IN SPORTS Room 3: <i>“Enhancing Match Official Performance through Sports Apps”</i> Dr. Mohamad Nizam Nazaruddin Universiti Malaysia Sabah Room 4: <i>“Interval Hypoxia Hyperoxia Training for the Enhancement of Sport Performance”</i> Professor Dr. Oleg S. Glazachev Director Center for International Education I.M. Sechenov First Moscow Medical University Room 5: To be Announced
3.00 PM – 5.00 PM	MOHE Board Meeting (Room 4)
5.00 PM	Refreshment
Wednesday (26th September 2018)	
08.30 AM – 10.00 AM	WORKSHOP: SPORT ACTIVITIES Room 1 – Juggling Mr. Erik Juul VIA University Denmark Room 2 – Modified Games Prof. Dr. Lee Sabunim Kyungnam University Korea Room 3 – To be Announced Japan Sport for All
08.30 AM – 10.00 AM	ACPES Board Meeting (Room 4)
09.00 AM – 1.00 PM	POSTER PRESENTATION 2 (Foyer)
10.00 AM – 10.30 AM	Refreshment
10.30 AM – 11.15 AM	INVITED SPEAKERS (MAIN HALL) 1. Professor Dr. Abd Hafiz Haji Omar Faculty of Education, Universiti Teknolgi Malaysia <i>“Integrating Engineering into Sports”</i>

11.15 AM – 12.00 PM	2. Assoc. Professor Dr. Koh Koon Teck Nanyang Technological University Singapore <i>“Using Flipped Classroom Approach for Physical Education”</i>
12.00 PM – 12.45 PM	3. Professor Dr. Masaaki Tokuda Faculty of Medicine, Kagawa University, Japan <i>“Rare Sugars: Research Guided Innovation of Zero Calorie Functional Sugars for Prevention and Therapy of Lifestyle Related Diseases”</i>
10.30 AM – 1.00 PM	PARALLEL SESSIONS
	English Presentations Rooms 1-4 (40 papers)
1.00 PM – 2.15 PM	Lunch
	SYMPOSIUM: SPORTS FOR ALL
2.15 PM – 3.00 PM	1. Dr. Zainah Shariff Ministry of Youth & Sports, Malaysia <i>“Sports for All in Malaysia”</i>
3.00 PM – 3.45 PM	2. Professor Dr. Lee Sabunim Kyungnam University Korea <i>“Sports Education in South Korea”</i>
3.45 PM – 4.30 PM	3. Japan Sport for All Sport for All in Japan
2.30 PM – 4.00 PM	ACPES Board Meeting (Room 4)
2.00 PM – 4.30 PM	PARALLEL SESSIONS
	Malay Presentations Rooms 1-4 (32 papers)
4.30 PM	CLOSING CEREMONY