		DA	Y 1 – TUESDAY – 25 TH SEPTEMBER	2018	
TIME			EVENT		
02.00-		PAR	ALLEL SESSION 1 (5 Rooms) @ Ten	era Hotel, Bangi	
05.00					Γ
	MELUR	SEROJA 2	ORKID	MAWAR 1	MAWAR 2
	Theme: Physical Education	Theme: Physical Education 2	Theme: Physical Education 3 /	Theme: Health & Fitness 1	Theme: Health & Fitness 2
	1	Chair: Dr. Heny Setyawati	Sports Education	Chair: Dr. Supranee	Chair: Dr. Asmah Ismail
	Chair: Dr. Muhd Khaizer	Assistant: Nur Syafiqah	Chair: Dr. Umi Kalthom Abd	Assistant: Halijah	Assistant: Suzita
	Omar		Manaf	-	
	Assistant: Helena		Assistant: Viccalora		
1.	Analysis Of Students	Energy Expenditure From	The Correlation Of Muscle Arm	Effect Of Arm Swing Exercise On	Mother's Education As A
	Awaraness, Seriousness	Physical Activity And Body Mass	Strength, VO ₂ Max And	Heart Rate , Blood Pressure , Body	Determinant Of Stunting Among
	And Activeness In Joining	Index Among Kasetsart	Kinesthetic Perception Toward	Weight And Balance Of The	Children Of Age 24 To 59 Months
	Physical Education	University Students	Archery Shootings Accuracy Of	Elderly Women	And Policy Analysis Of Stunting In
	Presenter: Nurul Julinar	Presenter: Kittikarn Naphakorn	Central Java Pplop Archery	Presenter: Napatchanan	Indonesia
			Athletes	Fookloytanan	Presenter: Frizma Yuanita
			Presenter: Mugiyo Hartono		Pangestuti
2.	Community Participation	Evaluation Of 2013 Curriculum	The Development Of Online	Effects Of Aerobic And Body	Obesity Of School Children In
	In Exercising In Bima	Implementation On Physical	Multimedia Electronic Book In	Language On Womens Arms,	Indonesia: Risk Factors
	Regency Of The Province	Education, Health, And Sport Of	Method Of Teaching Physical	Thighs And Waist After Giving Birth	Presenter: Aulia Shabrina
	NTB Viewed From Sport	Senior And Vocational High	Education For Students	(An Experimental Study On	
	Development Index	School In Kulon Progo	Presenter: Juthamas	Members Of Senam Ibu Sehat In	
	Presenter: Khairul Amar	Presenter: Rahmawan Santoso	Butcharoen	District Bandarjo Ungaran 2017)	
				Presenter: Ipang Setiawan	

3.	Conservative Games In Aquatic To Increase Physical Fitness And Sportmanship Value Students At Elementary School Presenter: Bhayu Billiandri	Games Teaching In Singapore Schools: The Games Concept Approach Presenter: Shern Meng Tan	The Effect Of Physical Fitness On The Student's Grade Point Average Study Program Physical Education Of Health And Recreation Stkip Taman Siswa Bima Presenter: Rabwan Satriawan	Emerging Fish-Borne Parasites And Detection Presenter: Choosak Nithikathkul	Promoting The Awareness Of Healthy And Fit Life Through General Gymnastics For Tourism And Recreational Activities Presenter: Taufiq Hidayah
4.	Contributions To The Strength Of Limb Muscles Against Long Jump Results Of SMP Negeri 4 Pekan Baru Presenter: Sasmarianto Sas	Gymnastics Creations As A Recomendation Sport In The Village Presenter: Dwita Afriansari Kusuma	The Impact Of Mobile Apps On The Level Of Physical Activity In Adolescent Girls During Weekends - An Exploratory Study Presenter: Carol Ming Li Seah	Energy Consumption Level As A Determinant Of Chronic Energy Deficiency At Female Student In Universitas Negeri Semarang, Indonesia Presenter: Nadia Indraswari Utomo	Representation Nutritional Status And Physical Activity Of Student : Study In Public Health Student Of Universitas Negeri Semarang, Indonesia Presenter: Rina Sulistiana
5.	Description Of BMI On Sport Coaching Education Students Especially In Tennis Coaching Batch 2016 Presenter: Aprillia Dhara Calista	Participation Of Society Bima Regency In Sports Reviewed From Sport Development Index Presenter: Khairul Amar	The Influence Of Teaching Styles Exercise And Motor Educability Level On The Learning Outcomes Of Karate To The 7th Year Students Of Smpn 10 Metro Presenter: I Bagus Endrawan	Exploring The Trend For Physical Activity Among International Students Studying Within Malaysian Universities Presenter: Khaled Khalifa Dougman	Comparison between Two Recovery Methods: Cold Water Immersion versus Progressive Muscle Relaxation in Reducing DOMS among Young Athletes Presenter: Nurul Hidayah Amir
6.	Developing Basic Movement Two Step Skill In Rthymic Activities By The Exercise Of Score Bar In Musical For Student Grade 12 Of Satri Nonthaburi School 2017 Presenter: Kasidith Noochan	Solution The Breaststroke Swimming By AR Program Presenter: Terapat Pookpan	The Relationship Between Extrinsic Motivation And The Physical Activity Level Among School Students Presenter: Azlan Ahmad Kamal	Status of Helminthiasis and Healthy Residents in Wang Muang District Saraburi Province in Thailand Presenter: Ampas Wisetmora	The Influence of Sidestep and Skip Exercise to Improve First Ball Reception Ability in Takraw's Extracurricular on Students of Junior High School Demak Presenter: Sulaiman

7.	Development Skills Handball Jumping Shoot By Using Metronome Presenter: Wittaya Keawbangtoo	We Call The Shot: Women Referees Officiating Men's Basketball Presenter: Christine Mae	The Role Of Body Structure And Posture On The Swim Spot Presenter: Aribah Tuffahati Aribah	WORKSHOP
8.	The Effect Of High Intensity Interval Training (HIIT) Training On The Improvement Of VO2 max Soccer Players Stkip Taman Siswa Bima Presenter: Irfan M Tayeb	Students' Perception On Content Based Instruction In Aerobic-English Class Presenter: Fatona Suraya	Development Of Integrated Health Education Basic Model In Subject Of Sport Pedagogy In Elementary School Presenter: Mardiana`	
9.	The Influence of Outdoor Education Programme and Environmental Factors on Public University Students Resilience in Malaysia Presenter: Shamsulariffin Samsudin			

		DAY 2 – WEDNESDAY – 26 TH SEPTEMBER 2018				
TIME		EVENT				
08.30- 10.00	PARALLEL SESSION 2 (3 Rooms) @ Tenera Hotel, Bangi					
	MELUR Theme: Health & Fitness 3 Chair: Heny Setyawati Assistant: Connie	SEROJA 2 Theme: Physical Activity / Exercise Physiology Chair: Dr. Ahmad Naim Assistant: Adisty Balqis	ORKID Theme: Exercise Physiology Chair: Dr. Denise Koh Assistant: Nur Syahira			
1.	Soil-Transmitted Helminthiases And Risk Factors Among Thai Hill-Tribe Pre- School Age Children In Remote Area Of Thailand Presenter: Chaemchan Reelachat	A Conceptual Study Using Theory Of Planned Behavior To Determine Martial Arts Learning Behavior In Malaysia: Through Aikido Perspective Presenter: Thiam Yong Kuek	Administering Guava Red Malondialdehide Levels To Changes That Got Maximum Physical Activity On Ssb Sparta Players Dk Presenter: Winara			
2.	The Development Of The Elderlys Physical Fitness Through Ruseedutton Exercise Presenter: Harnpakorn Lordngien	Self - Fitness Profiling Among Age 50s Individuals: Case Study Presenter: Tan Chee Hian	Comparison Of Training Methods Using Skipping With Up- And-Down Bench Training Methods On Smash Skills Sepaktakraw On Line Up Of Student Activity Units Presenter: Agus Raharjo			
3.	The Effect Of The Modified Boonmeelong Stick Exercise On Flexibility, Nutrional Status And Health Status In Nong Bua Rawe District, Chaiyaphum Province, Thailand Presenter: Prasit Kachaiyaphum	Traditional Game As Pioneer Of Indonesian Heritage In Internasional Class Presenter: Dhias Fajar Widya Permana	Optimizing Rest Interval And Load Intensity According To Heart Rate Variability And Blood Pressure Changes: A Design Of Experiment Approach Presenter: Behzad Alemi			
4.	The Relationship Between Agility And The Speed Of Sickle Kick At Centering Athletes And Training Education Students In North Molluca Province Presenter: Putra Budi Kurniawan	Acute Modulatory Effects Of Apple Cider Vinegar, Garlic, Ginger, Lemon And Honey Mixture, With And Without Exercise On Postprandial Glycemia In Non-Diabetic Females Presenter: Nor Farah Mohamad Fauzi	Delayed Onset Muscle Soreness Management Concept Presenter: Pradchayakorn Arayasompho			
5.	Hepatitis B in Malaysia: Modified Determinants Associated with High Risk Bahaviour Presenter: Yogambigai Rajamoorthy					

			DAY 2 – WEDNESDAY –	26 ^{1H} SEPTEMBER 2018				
TIME				EVENT				
10.30-	PARALLEL SESSION 3 (6 Rooms) @ Tenera Hotel, Bangi							
01.00				1				
	MELUR Theme: Sports Nutrition / Human Performance Sports Medicine, & Rehabilitations Chair: Dr. Ahmad Munir Assistant: Connie	SEROJA 2 Theme: Biomechanics / Coaching Chair: Dr. Arpon Assistant: Adisty Balqis	ORKID Theme: Coaching / Physical Conditioning And Exercise Methodology, Sports Engineering Chair: Dr. Atchara Assistant: Syahira	KEMBOJA Theme: Motor Control And Learning, Human Movement Studies Chair: Dr. Tandiyo Assistant: Suriani	MAWAR Theme: Sports Management And Policy Chair: Dr. Chairat Assistant: Ammar	MAWAR 2 Theme: Sports Psychology 1 Chair: Dr. Nooreen Nordin Assistant: Faiz		
1.	Hydration Status Among School Children In Sekolah Kebangsaan, Sekolah Jenis Kebangsaan (C) And Sekolah Jenis Kebangsaan (T) Presenter: Norisah Mohd Top	Pre-Race Determinant Factors In Elite Swimming Performance - Chronological Age And Body Stature Presenter: Jin Seng Thung	Developing Innovative Librarians: The Influence Of Coaching In Transformational Leadership Presenter: Haziah Saari Saari	The Comparison Of Two Protocols Of Variable Resistance Training On Body Composition Among Untrained Males In Iran Presenter: Amir Bahram Kashiani	A Study Of Perceptions Of Service Quality Of University Recreational Fitness Center Users In Thailand Presenter: Aminuddin Yusof	An Exploratory Study On The Mental Well-Being Of Athletes In Singapore Presenter: Lit Khoon Zason Chian		
2.	Effectiveness Of Soybean Milk And Cows Milk Intake To Increase Muscle Endurance Presenter: Kindi Muradi	Injury Risk Of Upper Extremity In Baseball Pitchers: Kinetics Perception Presenter: Fajar Awang Irawan	The Effect Of Agility Training On Sprinter Speed Acceleration Performance Presenter: Rumini	Effect Of Jumping Training On Gross Motor Skills Development Among Children With Down Syndrome Presenter: Wan Hazree Wan Zakaria	How To Be A Success Sport Event Organizer? A Case Study Of Sport Event Organizer In Central Java Indonesia Presenter: Billy Castyana	Contribution Of Mental Exercise Toword Improving Achievement For Swimmer Of Central Java Training Center For Student In Pomnas Xv 2017 Presenter: Sungkowo Nuni Widiarti		

3.	Usage Of Fruit-Infused Water (Combination Apple, Banana, And Lemon) As An Effort To Maintenance Performance Softball Athlete From Dehydration Due To Exercise Presenter: Gustiana Mega Anggita	The Acute Effects Of Step Rate Manipulation On Running Economy Of Intermediate Long Distance Runners: A Pilot Study Presenter: Wei Jian Goh	Roles And Sports Management Skills Of Coaches Presenter: April Ben O. Licayan	The Interaction Between Learning And Performance Of An Isometric Goal- Directed Aiming Task At Different Hand Posture Presenter: Elaheh Amini	Management Woodball Club Semarang State University Presenter: Priagung	Effect Of Music With Brainwave Synchronizer On The Performance Of Collegiate Throwing Athletes Presenter: Alvin George Cobar
4.	The Effect Of Massage Treatment On Blood Pressure And Recovery On Student Of Coaching And Training Of Sport Education Programs Presenter: Zainul Aziz	The Contribution Of Agility, Balance And Speed Of Reaction Of The Foot Against The Dribble Skill In The Game Of Football At The Club University Of Nadhlatul Ulama Presenter: Mikkey Anggara Suganda	The Coaches Roles In Athlete Development Scale Using Exploratory Factor Analysis Presenter: Rotsen Escorial	Modified Equipment To Enhance Skill Acquisition In Badminton Presenter: Abdul Mu'iz Nor Azmi	Perceptions Of Service Quality Of Malaysian University Recreational Fitness Center Users Presenter: Aminuddin Yusof	Masum Athletes Perception On Team Cohesion, Imagery Use And Imagery Ability Based On Team Sport Presenter: Siti Yusra Yusoff
5.	The Effects Of Acute Massage In Time Trial On Muscle Strength And Power Presenter: Wisute Tongdecharoen	The Effect Of Compression Socks On Running Performance In Experienced And Novice Runners Presenter: Mohd Azim Nural Azhan	The Development Of Exercise Model To Increase Motor Ability Of Indonesian Cp Football Team Players Presenter: Rumi Iqbal Doewes Doewes	Use Of Nutriatlet Smartphone Application- Based Personalized Nutrition Program To Improve Energy Consumption, Body Mass Index, And Body Fat Percentage Among Martial Arts Athletes Presenter: Irwan Budiono Budiono	Sports Services Customer Dissatisfaction: Effects Of Post-Consumption Evaluation Factors On Customer Complaining Behaviour Presenter: Yen-Chun Lin	Motivation, Self Control And Athletes' Peak Performance Presenter: Heny Setyawati

6.	A Cross-Sectional Study: The Prevalence Of Low Back Pain (Lbp) Among Malaysian Army Military Personnel And Factors Associated With Lbp Presenter: Ebby Waqqash Mohamad Chan	The Effects Of Repetitive Overhead Throwing On Shoulder Imbalance Presenter: Pooya Nekooei	Effects of 12 Weeks Combined Weight and Chain Versus Combined Weight and Elastic Band Variable Resistance Training on Upper and Lower Body Muscular Strength and Endurance among Untrained Males in Iran	Match Performance Relation To Physical Capacity Of U13 To U15 Young Soccer Players Presenter: Siti Azilah Atan	Ta-Cock Takraw With Kock Presenter: Nandaru Fajar Sumirat Nanda	Relationship Between Social Support, Environmental Factors And Sports Participation Among Secondary School Students Presenter: Hamiza Abdul Majeed
7.	Effects of Sodium Bicarbonate Ingestion on Rate of Perceived Exertion, Blood Lactate and Performance among UiTM Shah Alam Athletes Presenter: Sarina Md Yusof	Videotapes Feedback To Improve Throws Discipline Athletes Performance Presenter: Anggit Wicaksono	Presenter: Amir Bahram Kashiani Profile Of Physical Conditions Of Futsal Player Presenter: Indrianto Arif Ramadhana	Using the Reactive Bounding Coefficient to Evaluate Horizontal Plyometric Performance <i>Presenter:</i> Jad Adrian Washif	The Role Of Field Study To Improve The Sport Entrepreneurship's Interest On Physical Education Students Presenter: Billy Castyana	Similarities And Differences Of Anxiety, Stress, And Depression Among Self- Defense Sports (Karate, Tae Kwon Do, And Pencak Silat) Presenter: Ebenezer Silaban
8.	The Relationship between Agility, Balance, Power and Dribbling Speed in Football Players Presenter: Suhana Aiman	Birthdate Distribution Of Players In The Afc U 16 Championship Qualifiers Presenter: Pathmanathan K. Suppiah	Effects Of 8 Weeks Single Set Versus Multiple Sets Resistance Exercise Training On Upper And Lower Body Muscular Strength Among Untrained Males In Iran Presenter: Amir Bahram Kashiani	Fitness Administration Phenomena in Mahasarakham Province <i>Presenter:</i> Watthanapong Khongsuebsor		

9.	Is The Water-Based	Conformity Of Interest	The Effects Of Small Sided	The Job Characterist	cs New Direction in Health
	Exercise Better In	And Talent In Football	Games Towards Futsal	Model : An Extensio	n to Care for Silk Weaving Group
	Preventing Ankle	And Volleyball Of	Specific Skills Among Male	Physical education	Presenter: Chayakorn
	Injuries?	Students At Junior High	Adolescents	Teachers Motivation	Phalsing
	Presenter: Fariba	School	Presenter: Jorrye Jakiwa	Presenter: Abdullah	Khalid
	Hossein Abadi	Presenter: Purwono		Salaudin	
		Sidik Permono			

		DAY 2 – WEDNESDAY -	- 26 TH SEPTEMBER 2018	
TIME			EVENT	
2.00-4.00		PARALLEL SESSION 4	(4 Rooms) @ Tenera Hotel, Bangi	
	MELUR	SEROJA	ORKID	КЕМВОЈА
	Theme: Sports Psychology, Sports	Theme: Paper BM 1	Theme: Paper BM 2	Theme: Paper BM 3
	Sociology, Health Psychology	Chair: Dr. Asmah Ismail	Chair: Dr. Borhannudin Abdullah	Chair: Dr. Mawarni
	Chair: Dr. Liliati Ismail	Assitant: Zul	Assistant: Faarik	Assistant: Norish
	Assistant: Arif			
	Development Of Self-Efficacy To	Kesan Latihan Pliometrik Ke Atas	Perbezaan Kesepaduan Antara Pasukan	Aktiviti Fizikal Dan Kesejahteraan Mental
	Exercise Behaviors Intention Of	Prestasi Lompatan Dalam Kalangan	Senior, Junior Dan Pembangunan Bola	Dalam Kalangan Pelajar Universiti Putra
1.	Type 2 Diabetes Mellitus Patients	Atlet Lompat Jauh	Jaring Malaysia	Malaysia
	At Pathum Thani Hospital, Pathum	Presenter: Ruaibah Yazani Tengah	Presenter: Siti Nor Farhana Mustafa	Presenter: Muhamad Hafis Abdullah
	Thani Province			
	Presenter: Theerapon Phungdee			
2.	Stress And Mental Health Between	Hubungan Penglibatan Aktiviti	Persepsi Guru Perlaksana Terhadap	Kecerdasan Spiritual Dan Tingkah Laku
	Student Athletes And Non-Student	Kokurikulum Dengan Pencapaian	Keberkesanan Penyampaian	Kesihatan Dalam Kalangan Pelajar Di
	Athletes In Universiti Putra	Akademik Pelajar Tingkatan Lima SMK	Perkhidmatan Dasar 1 Murid 1 Sukan Di	Sekolah Sekitar Serdang
	Malaysia	Alor Akar	Sekolah Menengah	Presenter: Amir Luqman Mohd Ishak
	Presenter: Roxana Dev Omar Dev	Presenter: Anamili Muhammad Fathi	Presenter: Suharyanti Hanapi	

3.	The Development Of Health	Pendekatan Alat Adaptasi Step Model	Persepsi Atlet Terhadap Gaya Kepimpinan	Keberkesanan Kaedah Praktis Agihan Dan
	Behaviour Questionnaire For	Spektrum Inklusi Dalam Meningkatkan	Jurulatih Bola Sepak Sekolah Yang	Program Intervensi Dalam Membangunkan
	Undergarduate Students In	Perkembangan Motor Kasar Murid	Digemari Dengan Gaya Kepimpinan	Kemahiran Menyangga Dalam Permainan
	Malaysia: A Pilot Study	Sindrom Down Program Pendidikan	Sebenar Jurulatih Bola Sepak Di Daerah	Bola Tampar Untuk Murid Lelaki Tahun 4
	Presenter: Hanis Mohd Khalid	Khas Integrasi (Masalah Pembelajaran)	Alor Gajah	Presenter: Tuan Rosazura Tuan Manan
		Sekolah Rendah	Presenter: Jayakumaran Govindan	
		Presenter: Siew Lian Teng		
4.	The Perceived of Sport Websites	Hubungan Antara Kekuatan Otot	Perkhidmatan dan Kemudahan Sukan	Kekuatan Mental dalam Kalangan Pemain
	Attributes on Sport Consumption	Bahagian Superior Satah Transvers	terhadap Kepuasan Pelajar Universiti:	Bola Sepak Sekolah Sukan Negeri Sembilan
	Behavior	Dengan Prestasi Atlet Remaja Lompat	Kajian Kes	Presenter: Zamzuri Zainol Abidin
	Presenter: Asiah Mohd Pilus	Bergalah Malaysia	Presenter: Ahmad Fadly Abdul Rahman	
		Presenter: Mohd Fahme Zamzam		
		Mehamad		
5.	Increasing Kata Learning	Perbezaan Tahap Perkembangan	Perbezaan Pecutan Purata antara Jarak 30	Tahap Aktiviti Fizikal Dan Efikasi Kendiri
	Motivation (Stance) through	Kemahiran Motor Kasar Dalam Kalangan	Meter, 60 Meter dan 90 Meter dalam	Dalam Kalangan Pelajar Pendidikan Jasmani
	Mastery Learning	Atlet Muda Sukan Ragbi Rimau	Kalangan Atlet Olahraga Berumur 16 dan	Universiti Putra Malaysia
	Presenter: Ratna Dewi	Presenter: Shee Foo Ling	17 Tahun	Presenter: Farah Idaniea Roslan
			Presenter: Mohd Fairol Nazim Mohd Noor	
6.		Hubungkait Amalan Gaya Hidup	Burnout Di Kalangan Atlet Dan	Faktor Mempengaruhi Prestasi Perubahan
		Terhadap Kepadatan Tulang Dalam	Hubungannya Dengan Komitmen Sukan	Pecutan Dalam Acara 100 Meter Atlet Elit
		Kalangan Pelajar Universiti Putra	Presenter: Aminuddin Yusof	Negara
		Malaysia		Presenter: Azdad Hussien Zulfakar
		Presenter: Nur Shafazliana Mustafah		
7.				Perbezaan Tahap Perkembangan Motor
				Kasar Dalam Kalangan Kanak-Kanak Berbeza
				Pencapaian Akademik.
				Presenter: Norhazirah Daud
		DAY 1 – WEDNESDAY –	25 TH SEPTEMBER 2018	1
TIME			EVENT	
09.00-01.0	00	POSTER PRESENTAT	ION – 1 st Floor @ Tenera Hotel, Bangi	
POSTER NO	D. Presenter Tit			Country

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1.	Siti Baitul Mukarromah	Nutritional status of young Atlet in Central Java Province	Indonesia
2.	Phanuphat Srisamai	The Development of Chair Ball Skills in Passing a Ball with Two Hands Overhead by Using Training Drills for Prathomsuksa 3 Students	Thailand
3.	Asiah Mohd Pilus	Training Tools Usage for Effective Drill Petanque Skills	Malaysia
4.	Nelfianty Mohd Rasyid	Pembentukan Instrumen Motif Penglibatan Remaja dalam Sukan	Malaysia
5.	Najihah Mohbin	A Single Bout of Cycling Exercise Effects on Short Term Memory	Malaysia
6.	Jad Adrian Washif	Using Stochastic Resonance Therapy as a Part of Rehabilitation Programme for Recurrent Low Back Pain Treatment: A Case Study	Malaysia
7.	Sunanta Tiangsai	The Effect of Using Audio Visual Aids on Learning Achievement in Thai Sword Teaching among Grade 7 Students	Thailand
8.	Sirintra Sabueban	The Development of Handball Skills by Using One Hand Overhead Training Drills For Primary School Students	Thailand
9.	Prawphan Jaroenphon	The Development of Basketball Dribbling Skills by Using the Basketball Dribbling Skills Practice Sets for Mattayomsuksa 3 Students, Kasetsart University Laboratory School Kamphaengsaen Campus Educational Research and Development Center	Thailand
10.	Nur Alyaa Athirah Roslan	Changes in Step Length and Step Rate with Running Velocity	Malaysia
11.	Miranti Nur Anggrahini	Effecting Factors of Speed in Taekwondo Fighters	Indonesia
12.	Arif Azlan	Is Playing Traditional Games in Physical Education an Effective Method to Promote Moderate-Vigorous Physical Activity among Adolescents? " A Study Protocol for Mixed-Method Crossover Design	
13.	Ramadan	Establishment of Character through Sport Gateball	Indonesia
14.	Akhmad Sobarna	The Impact of the National Sports Activities at Table Tennis Sports Team on Economic Improvement	Indonesia